

Georgia Swimming All-Star Banquet September 27, 2007

The Georgia Swimming 2006-2007 All-Star Banquet was held September 22, 2007 at the Gwinnett Marriott Duluth, Georgia. The annual banquet gives recognition to Georgia Swimmers who have achieved “AAA” time in any event during short course or long course swim season. Additionally, the National Age Group top 25 swimmers, Junior National qualifiers, Senior National qualifiers, Zone Team qualifiers and New Georgia Records holders are recognized. Four members of the City of Atlanta Dolphins Swim Team attended the banquet:



- Justin Akins
- Erek Cox
- Derek Cox
- Shayla King

These swimmers were recognized by Georgia Swimming as 2006-2007 Georgia All-Stars at the banquet. Derek Cox was recognized among the National Age Group top 25 swimmers in the United States in the 500 freestyle. The City of Atlanta Dolphins coaching staff extends sincere congratulations to all of our Georgia All-Stars. The coaching staff would like to thank Mrs. Willike Akins, Ms. Cornelia King and Mr. and Mrs. Syou Cox for their time, effort and support in making the banquet a rewarding experience for CAD Team members. Janet Evans, the current world record holder (800 meter freestyle) and five-time Olympic medalist, was the guest speaker for this year’s banquet. Evans drew fond memories of her efforts to achieve her Olympic dreams, those who inspired her and those who helped her along the way. Some of the highlights of her speech included her efforts to encourage others in their quest by sharing her motto to, “Believe in yourself and don’t let others influence you and your goals”. She maintained that her parents were a big influence in her quest to be an Olympian champion swimmer by encouraging her to remain focused and to give 100% effort in all she did. Not only did family play a vital role in her aspirations but her coach as well by inspiring her to participate in the 1996 Olympics held in Atlanta, Georgia. Lastly, she passed on her knowledge of the definition of a true champion. “Being a champion swimmer is not about the wins but how you accept and encourage others even in defeat. Janet Evans truly is an inspiration to all.

City of Atlanta Dolphins Coaching Staff