

Dr. Aspi Doctor Memorial Swim Invitational
May 28, 29 and 30, 2010
Hosted By: Indian River State College and Indian River Aquatics

- Sanctioned By: Florida Swimming of USA Swimming Sanction #
- Sponsored By: Indian River State College and Indian River Aquatics
- Type of Meet: 50 Meters Long Course Invitational Age-Group Timed Finals
- Dates: May 28, 29, 30, 2010 **Times:** Friday night meet starts at 5:00 PM
Saturday and Sunday Morning meet starts at 9:00 AM
Saturday afternoon meet starts at 5:00 PM
- Location: Indian River State College – 3209 Virginia Avenue, Ft. Pierce, FL
- Pool Specs: Certified 50-meter outdoor pool, non-turbulent Keifer Lane Lines
eight (8) lanes, KDI Paragon starting blocks, 6 lane 25 yard warm-down facility
The starting end of the pool is 6 feet and gradually moves to a 5 foot turning end
- Timing: Colorado 5000 system with 8-lane scoreboard
- Eligibility: All participants must be USA Swimming registered members.
Meet limited to first 300 entries.
- Seeding: Long course times will be used for seeding purposes
- Scratches: No penalty for scratching on the block with the exception of deck seeded events
If a swimmer checks in for an event and fails to show the penalty will be:
--Disqualification from the next individual event
--If the event is not the same day the first event the following day will be used
Deck seeded events shall be closed at the check in deadline times listed
- Entry Limits: Maximum of three individual events per session per swimmer / total of 5 events per day
Swimmers entered in more than 3 will be considered entered in the first three events
Entry Form: Entries must be submitted on the enclosed "Entry Form" or by computer
disk. All computer entries must be accompanied by the MASTER ENTRY FORM.
- Entry Fees: \$7.50 Facility Charge per swimmer \$3.00 per individual event
- Entry Deadline: Entries are due May 18, 2010 Please mail entries via an overnight carrier to:
Scott Kimmelman (772) 462-7760
3209 Virginia Avenue
Ft. Pierce, FL 34981

Please send all entries via overnight carrier without a required signature at delivery!!
You may e-mail entries to skimmelm@irsc.edu

****IMPORTANT NOTE** The webmaster at Indian River State College has put a block on all ZIP files. Please be sure to e-mail either a CL2 file or an HY3 file with your entries for the meet.**

Please enclose Check or Money Order payable to: **IRSC FOUNDATION, INC.**

- Deck Entries: Deck entries will be accepted until 15 minutes prior to the session's beginning. A swimmer wishing to deck enter must show proof of USA Swimming Registration and must be in compliance with the entry limits specified by the meet information. No swimmer will be allowed to scratch an event in order to deck enter another event. Deck entries will only be accepted if lanes are available without adding additional heats in the event.
- Awards: Ribbons -- Individual 1st thru 8th
High Point Trophies – all age-groups both male and female
Team Trophies – 1st, 2nd and 3rd
- Rules: Current USA Swimming rules will govern the meet. Safety rules, as outlined by USA Swimming and as recommended by the Head Marshall, will be in effect during all warm-up periods and in all warm-up areas. The USA Swimming “no recall” start will be used as outlined in 102.14.4H.
- Identification: Coaches and officials shall wear their USA Swimming registration card in a conspicuous location at all times while on deck during a swim meet.
- Team Rep: Prior to the start of the meet, the name of one person other than the coach must be submitted to the meet referee as a contact concerning any meet matters.
- Officials: Head Referee: Cindy Mahaffey
Head Starter: Joe Massimino
Head Stroke and Turn: Leanne Turner
Head Marshall: Scott Kimmelman
- Meet Manager: Scott Kimmelman

Warm-Up and Meet Schedule

Swimmers must have one hand on the deck prior to entering the pool if not executing a racing start within the controlled warm-up period

Friday, May 28, 2010:	Pool opens for Warm-up at 3:45 PM Meet starts at 5:00 PM
Saturday, May 29, 2010:	Pool opens for Warm-Up at 7:45 AM Meet starts at 9:00 AM
Saturday, May 29, 2010:	Pool opens for Warm-Up at 4:00 PM Meet starts at 5:00 PM
Sunday, May 30, 2010:	Pool opens for Warm-Up at 7:45 AM Meet starts at 9:00 AM

No Equipment During Warm-Up at any Time

All swimmers must have one hand on the deck prior to entering the water for warm-up unless they are entering from a racing start during controlled warm-up.

Friday, May 28, 2010:	3:45 PM - 4:15 PM 4:30 PM - 4:50 PM	General Warm-up Lanes 2 and 7 sprint \ Lanes 1 and 8 Pace Lanes 3 - 6 General Warm-up
Saturday, May 29, 2010:	7:45 AM - 8:30 AM 8:30 AM - 8:50 AM	General Warm-up Lanes 2 and 7 sprint \ Lanes 1 and 8 Pace Lanes 3 - 6 General Warm-up
Saturday, May 29, 2010:	4:00 PM – 4:30 PM 4:30 PM – 4:50 PM	General Warm-up Lanes 2 and 7 sprint \ Lanes 1 and 8 Pace Lanes 3 - 6 General Warm-up
Sunday, May 30, 2010:	7:45 AM - 8:30 AM 8:30 AM - 8:50 AM	General Warm-up Lanes 2 and 7 sprint \ Lanes 1 and 8 Pace Lanes 3 - 6 General Warm-up

*The competitive pool will close 10 minutes prior to each session beginning to prepare for competition. The warm-down facility will be available for any additional general warm-up.

**Reminder to coaches:
400 Free check-in deadline 4:30 PM (day of event)
400 IM check-in deadline 4:30 PM (day of event)
800 Free check in deadline 10:00 AM (day of event)

**Master Entry Form
2010 Dr. Aspi Doctor Memorial Swim Invitational
May 28, 29 and 30, 2010**

Team Name: _____ Call Letters: _____

Address: _____ City: _____ Zip: _____

Coach: _____ Assistant Coach: _____

Home Phone: () _____ Office Phone: () _____

Swimmers / Coach Registration

I certify that all individuals listed on the attached forms are currently registered members of USA Swimming and are eligible to compete in this meet. I further certify that one or more of the USA Swimming member coaches following will be on deck supervising during warm-up and competitive sessions at the meet.

Name of Coach	Team:
_____	_____
_____	_____

I certify that all individuals listed above are currently registered USA Swimming Coaching Members, and that I am a current USA Swimming registered Non-Athlete member.

_____ Signature (Must be USA Swimming registered)	_____ Team Name	_____ Date
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Financial Recap

Number of Swimmers:	_____	at \$7.50 each =	_____
Women's Individual Events:	_____	at \$3.00 each =	_____
Men's Individual Events:	_____	at \$3.00 each =	_____
TOTAL MEET FEES PAID:			_____

PLEASE MAKE ALL CHECKS PAYABLE TO: **IRSC FOUNDATION, INC.**

Please send all entries to: **Scott Kimmelman** (772) 462-7760 (Work)
3209 Virginia Avenue
Ft. Pierce, FL 34981

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Friday, May 28, 2010

Warm-Up Begins 3:45 PM

Session Number 1

Meet Begins 5:00 PM

“*” indicates race will be deck seeded and positive check-in required**

1 and 2	Senior	400 Freestyle**	Limited to 3 fastest heats
3 and 4	13 and 14	400 Freestyle**	Limited to 3 fastest heats
5 and 6	11 and 12	400 Freestyle**	Limited to 3 fastest heats
7 and 8	10 and Under	200 Freestyle	
9 and 10	Senior	50 Free	
11 and 12	13 and 14	50 Free	
13 and 14	11 and 12	50 Free	
15 and 16	10 and Under	50 Free	
17 and 18	Senior	200 IM	
19 and 20	13 and 14	200 IM	
21 and 22	11 and 12	200 IM	
23 and 24	10 and under	200 IM	

Saturday, May 29, 2010

Warm-Up Begins at 7:45 AM

Session Number 2

Meet Begins at 9:00 AM

25 and 26	Senior	200 Free
27 and 28	13 and 14	200 Free
29 and 30	11 and 12	200 Free
31 and 32	10 and Under	100 Free
33 and 34	Senior	100 Back
35 and 36	13 and 14	100 Back
37 and 38	11 and 12	50 Back
39 and 40	10 and Under	50 Back
41 and 42	Senior	100 Fly
43 and 44	13 and 14	100 Fly
45 and 46	11 and 12	50 Fly
47 and 48	10 and Under	50 Fly

Warm-Up Begins at 4:00 PM

Session Number 3

Meet Begins at 5:00 PM

49 and 50	Senior	400 IM**	Limited to 3 fastest heats
51 and 52	13 and 14	400 IM**	Limited to 3 fastest heats
53 and 54	10 and Under	100 Back	
55 and 56	11 and 12	100 Back	
57 and 58	13 and 14	200 Back	
59 and 60	Senior	200 Back	
61 and 62	10 and Under	50 Breast	
63 and 64	11 and 12	50 Breast	
65 and 66	13 and 14	100 Breast	
67 and 68	Senior	100 Breast	

Sunday, May 30, 2010

Warm-Up Begins at 7:45 AM	Session Number 4	Meet Begins at 9:00 AM
69 and 70	11 and 12	100 Free
71 and 72	13 and 14	100 Free
73 and 74	Senior	100 Free
75 and 76	10 and Under	100 Fly
77 and 78	11 and 12	100 Fly
79 and 80	13 and 14	200 Fly
81 and 82	Senior	200 Fly
83 and 84	10 and Under	100 Breast
85 and 86	11 and 12	100 Breast
87 and 88	13 and 14	200 Breast
89 and 90	Senior	200 Breast

Session Number 5

91 and 92	Senior	800 Freestyle**	Limited to 2 fastest heats
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Important Notes About Check-In Procedures

** All events 400 meters or longer will be deck seeded. A positive check-in with the clerk of course will be required by the deadline as listed below. Swimmers failing to check in by the required deadline will be scratched from the event. The 400's will be swum slowest to fastest in event order.

Positive Check-In Deadlines:

400 Free.....4:30 PM Friday
400 IM.....4:30 PM Saturday
800 Free.....10:00 AM Sunday